



## **Living Will**

The Portuguese Living Will's National Register (RENTEV), allows to determine which health care each person want to receive, or not, in case of disability, is available from July 1<sup>st</sup> 2014.

The RENTEV will make the Living Will available for consultation to the responsible doctors for the health care provision to the patient. Additionally, from now on it is also possible to do the Living Will through the fulfilling of a proper form, available in all the Regional Health Authority, User Portal and Health Portal websites.

The Living Will should be done with proper elucidation, after a process of clarifying about the main problems around the situations in which the person has no ability to express his own will about the healthcare he wishes, or not, to receive in case of severe disease.

It is important to clarify that the Living Will is not against the law, and so there will not be accepted Living Wills that will go against the right to live, or the right to proper healthcare.

It is very important for people to know that, today, there are chronic diseases, that there are severe and sudden illness and that, from one moment to another, life has a huge vulnerability and fragility, and that they have possibility to decide timely what they consider being adjustable and proper care. And so, the person can write which are their guidelines, to be respected by the healthcare providers or empower someone that help to make decisions in the stages in which they may not be able to participate / act.

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